NAGANO UNIVERSITY

CAMPUS GUIDE

- Faculty of Social Welfare
- Faculty of Tourism and Environmental Studies
- Faculty of Business and informatics
Nagano University was established in 1966 as a private university in response to demands from the local community for an institution of higher learning. In 2002, the University established the Faculty of Social Welfare, and in 2007, the Faculty of Tourism and Environmental Studies and the Faculty of Business and Informatics, thereby completing a restructuring into its current three faculties. The University celebrated its 50th anniversary in 2016 and became a public university in 2017 to further strengthen its ties with the local community and respond to the challenge of meeting current social issues.

http://www.nagano.ac.jp/

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1966 April</td>
<td>Establishes Faculty of Economics</td>
</tr>
<tr>
<td>1974 April</td>
<td>Reorganises (becomes Faculty of Industry and Social Sciences)</td>
</tr>
<tr>
<td>1976 April</td>
<td>Increases student quota</td>
</tr>
<tr>
<td>1988 April</td>
<td>Establishes Faculty of Industry and Information Sciences</td>
</tr>
<tr>
<td>2001 April</td>
<td>Increases the number of transfer enrolment students</td>
</tr>
<tr>
<td>2002 April</td>
<td>Establishes Faculty of Social Welfare</td>
</tr>
<tr>
<td>2007 April</td>
<td>Establishes Faculty of Tourism and Environmental Studies &amp; Faculty of Business and Informatics</td>
</tr>
<tr>
<td>2017 April</td>
<td>Becomes a public university</td>
</tr>
</tbody>
</table>

Nagano Prefecture is the fourth largest prefecture in Japan by land area. Located inland, the climate is cool and it is popular as a summer home retreat. Nagano Prefecture is a popular tourist area, and features Japan’s largest mountain ecotourism business, and has many summer resorts. It also has a rich historical heritage which attracts many tourists. Major industries are horticulture, agriculture and rice production. In addition, the prefecture is home to numerous electrical equipment and electronic makers.

Ueda City is the third largest city by area in Nagano and is a major urban center located in the eastern part of the prefecture. It is conveniently located within easy access of Tokyo, just 90 minutes away by bullet train. The City is home to Ueda Castle and numerous cultural other heritage sites, and is richly endowed with numerous hot springs such as Kakeyus and Bessho. It is also known for its alpine winter sports and other rich tourist resources. Ueda City and the surrounding area are also home to numerous electronic manufacturers and automakers and the value of these are the second largest by shipment in Nagano Prefecture.
Features of Nagano University

Practical Learning
A special feature of education at Nagano University is the emphasis on practical learning with the local community acting as a second campus of learning opportunity. Students use the knowledge and skills they acquire to work toward solving community issues.

Meticulous Education
Nagano University considers that particular attention and careful instruction is imperative to student development and instruction considers students' individual characters, relationships with friends and interests. It also takes into account students' strong and weak subjects. Nagano University may be a small university, but the close-knit, intimate environment promotes meticulous educational programs that take individual students' needs into account.

Three Faculties, Three Departments

Social Welfare
Fostering professionals in social welfare and education who can contribute to the community.

Tourism & Environmental Studies
Learning about local communities and how to create a sustainable society and to make distinctive contributions to the local area.

Business & Informatics
Nurturing human resources who can support and enhance the industrial environment.
Faculty of Social Welfare

Studying in the Faculty of Social Welfare

What should be done to create a society in which people and communities have sense of worth and are able to live better lives? The Faculty of Social Welfare considers these issues. In the Faculty of Social Welfare, in addition to welfare, students are also able to study psychology and education courses according to their study requirements. Additionally, the University provides students with the practical training they require to gain the communication skills and professional ethics they need to become experts in their fields.

Social Welfare Area of Study

These courses train students with the knowledge and skills they require to become social welfare professional counselors for those suffering from a range of issues in their daily lives.

Psychology

In addition to the basics of social welfare, students study counseling and psychological testing, how to carry out psychological statistical studies, and are trained in the skills and scientific approaches they require to understand people’s psychologies.

Education

This course teaches students the social welfare concepts they will require to work in schools when they become teachers in the future. Therefore, education ethics, theories and methodologies are important subjects covered by this course.

Special Features and Course Content

The Faculty of Social Welfare offers three areas of study. Particular value is placed on practical training and extra-curricular activities in the community which provides students the opportunity to enhance knowledge gained through their lectures.

Studying in the Faculty of Social Welfare

The role of the Faculty of Social Welfare is to introduce the students to ways to help people with disabilities or mental health issues, those suffering from illness, those who have experienced natural disasters and those suffering from financial problems or domestic issues. The Faculty of Social Welfare has three disciplines: Social Welfare, Psychology and Education. The object is to train students with the communication, ethics and expert knowledge they require to be able to help those people who are in need.

Emphasizing Practical Experience and Extra-curricular Activities

The Faculty of Social Welfare places emphasis on practical training and extra-curricular activities in the community. It is vital to give students the opportunity to carry out practical training to enhance their understanding of social welfare studies. Additionally, practical experience outside of the classroom is important for students as they consider future careers upon graduation.
Faculty of Tourism and Environmental Studies

Studying in the Faculty of Tourism and Environmental Studies

The Faculty of Tourism and Environmental Studies aims to cultivate human resources who will work to create a future society in which we can all live in harmony and peace with nature. In order to realize such a society, it is necessary for students to have a better understanding of the natural world. Students also study how tourism can revitalize regions through studying how communities undertake economic activities and policy.

Environment Course

In today’s society, it is expected that people should respect nature. Classes in the Environment Course are designed to increase student’s understanding of the benefits that nature provides, and learn ways to use nature to develop a better society for us all.

Tourism Course

Through tourism, people are able to both appreciate and vitalize communities. In this course, students create and carry out tourism plans, and learn about how to improve communities through tourism, as well as discovering their unique attractiveness. Students are then able to work with communities on plans of revitalization.

Community Business Course

The regional environment and culture are important foundations of people’s lives and are strongly connected to their livelihoods. Therefore, students taking Community Business learn about regional industries and how to create new businesses and acquire the knowledge and skills needed to develop the regions in a stable way.

Special Features and Course Content

The Faculty of Tourism and Environmental Studies is unique in Japan, in that it offers courses on environmentalism, tourism and regional business. The Faculty emphasizes practical study in the field in order to develop students’ practical skills.

Learning Through Practical Experience in the Local Community

The Faculty of Tourism and Environmental Studies places importance on having students work in local communities and they are encouraged to apply the practical skills they have learned to contribute to improving society.

Three Courses According to Students’ Interests

The Faculty of Tourism and Environmental Studies has three courses, from which students are able to choose based on their interests. Students choose a field of study based upon their primary interest and study across disciplines.
Faculty of Business and Informatics

Studying in the Faculty of Business and Informatics

The Faculty of Business and Informatics consists of three areas of study: Management, Informatics, and Design. The Faculty nurtures the development of business problem-solving skills, and in order to facilitate this, students design their original research based on real business situations, with support from an academic advisor, and work toward solving goals through project-based learning. Students acquire the know-how and professional knowledge through the challenge of solving detailed problems through their projects and are able to use these worthwhile and interesting experiences in their future jobs.

Management Course

Through a grounding in management and marketing, students learn about actual management issues within industry. The Faculty nurtures human resources who are able to contribute to society and industry through their studies in marketing and universal industrial strategies.

Informatics Course

Through tourism, people are able to both appreciate and vitalize communities. In this course, students create and carry out tour plans, and learn about how to improve communities through tourism, as well as to discover their unique attractiveness. Students are then able to work with communities on plans for revitalization.

Design Course

The regional environment and culture are important foundations of people’s lives and are strongly connected to their livelihoods. Therefore, students taking Community Business learn about regional industries and how to create new businesses and acquire the knowledge and skills needed to develop the regions in a stable way.

Special Features and Course Content

Companies seek personnel who are able to solve complex social issues. In the Faculty of Business and Informatics, students undertake individual practical projects that provide students with the skills they require to fulfill this need. In addition the Faculty trains human resources who are capable of actively contributing to businesses.

Project-based Study

Students design their original research on management, informatics or design, and with support from an academic advisor, work toward solving goals through project-based learning. Students decide their own themes and aims, carry out the project, and review the content as it might happen in the actual business world. Through this process, they are able to learn how to solve complex issues and problems as they might occur in real-world situations.

Three Courses on Practical Business

In the Faculty of Business and Informatics students are able to choose from three courses, each helping to prepare students for their future careers: Management, Informatics and Design. The courses are designed with actual business activities in mind, and their improve their communication ability, gain specialist knowledge and skills they need in the business scene, the subject matter connecting to students’ future carrier choices.
Seminars are held on self-examination, researching companies, curriculum vitae and writing self-introductions and interview training to help to students at every stage of the job seeking process.

Seminars are held on self-examination, researching companies, curriculum vitae and writing self-introductions and interview training to help to students at every stage of the job seeking process.

**Student Job Reports**
The Centre organizes fourth year students who have found jobs to come in and give mini seminars to other students in order to encourage them in the job seeking process.

**Student Support Services**
Nagano University has a professional counseling service that provide support to students who require it.

**Company and Job Research Seminars**
Special consultation sessions are held by company human resource personnel, and students are able to directly ask them questions, which increases their understanding of job choices and work content.

**Interview Training**
Career counselors hold individual and group discussion interview skill training sessions.

**Support for International Students**
The International Centre helps international students with immigration related paperwork, applying for scholarships and finding accommodation. The Centre also provides support services to students regarding living and studying in Japan.

**Student Support Center**
The Student Support Centre employs specialists to take care of the physical, emotional and spiritual needs of students. Privacy is respected at all times and the Centre listens to each individual student's needs.

**Special Needs Support**
At Nagano University, students with special needs take classes together with the general student population. The University has special needs support services for those who require extra support and works to promote a supportive and caring environment for all students.

**Japanese Language Education**
In general classes are carried out in the Japanese language at Nagano University. In addition, a knowledge of Japanese is necessary if students want to work at a Japanese company, and as such the University holds Japanese language classes for international students. Upon matriculation, international students take a Japanese language examination, and are divided into three classes according to level. There are 60 classes a year. Carrying out classes in this way enables students to better enhance their knowledge of the Japanese language, according to their ability. Finally, as well as general Japanese classes, volunteers also carry out classes for international students who require extra help.
Main Hall
This event and seminars hall is located on the 3rd floor of Building 9.

The University Cafeteria
The cafeteria is proud to offer locally produced food on its menu.

Nagano University Library
The library houses about 150,000 volumes.

Living costs
Apartment Living
Apartments can be rented for around 20,000–30,000 yen a month, and are generally within walking or bicycle distance from the University.

The monthly cost of living is around 73,000 yen for a student living alone.

<table>
<thead>
<tr>
<th>Accommodation</th>
<th>Utilities</th>
<th>Food</th>
<th>Daily goods</th>
<th>Education</th>
<th>Misc.</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>¥ 26,885</td>
<td>¥ 8,925</td>
<td>¥ 20,777</td>
<td>¥ 7,528</td>
<td>¥ 4,094</td>
<td>¥ 4,745</td>
<td>¥ 72,955</td>
</tr>
</tbody>
</table>

International network

- China
  - Zhongshan University
  - Dalian University of Foreign Languages
  - Beijing Union University
  - Yunnan University
- The Republic of the Philippines
  - The University of the Philippines
- Taiwan
  - Chia Nan University of Science and Technology
- Korea
  - Sungkyunkwan University
  - Gwangju University
  - Jeju University